Wimberley Valley WIM NEWS & VIEWS

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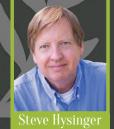
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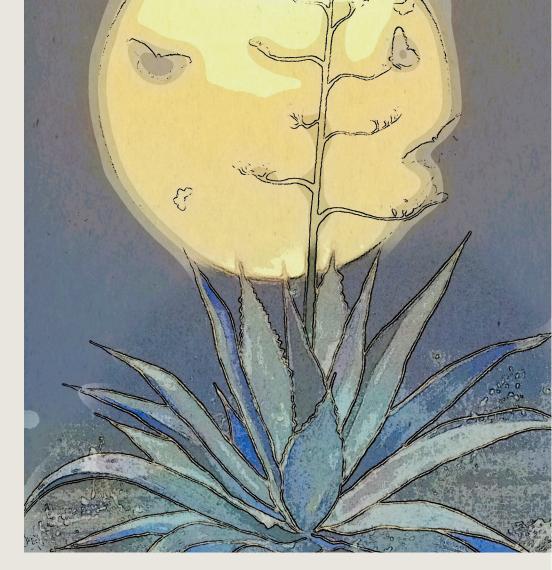
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"I CANNOT ENDURE TO WASTE ANYTHING SO PRECIOUS AS AUTUMNAL SUNSHINE BY STAYING IN THE HOUSE." — NATHANIEL HAWTHORNE

Cooler weather is so close, I can almost feel the crisp breeze already – almost. And with the sweet scent of autumn comes an amazing lineup of community events to delight, uplift, & inspire us all. Nancy Elliot's beautiful blue agave painting above signals the return of the Blue Agave Art Fair on October 19 & 20. This will be a beautiful weekend filled with artists & artisans of myriad breeds. Hot on its heels is the Harvest Moon Dinner & Dance at historic Fischer Hall on November 3. And everywhere in between are days & nights filled with music, art, good food, fine wine, and seasonal craft beers to enjoy. Whichever way you turn, there's something to bring everyone out of the house and into the welcome embrace of the new season.

Cyle Elizabeth Johnson, Editor

WIMBERLEY COMMUNITY CALENDAR

Every 1st Mon. Wimberley Apron Society meets at Emily Ann Annex Bldg.
Set-up at 5:30, program 6-8pm. Exchange ideas on healthy sustainable lifestyles, gardening, cooking, homesteading. See Facebook page for more.
Every 2nd Mon. Wimberley Valley Art League meets at the Wimberley Community Center at 6:30-8:30pm. Visit WimberleyArtLeague.org
Every 2nd Mon. Wimberley 4H meets during the school year at VFW Hall, 401 Jacobs Well Road, 7pm, 6:30pm Clover Kids

Every 3rd Mon. The Wimberley Area Parkinsons Association meets at the Chapel of The Hills Church, 14601 RR 12 in Wimberley from 9-11am. Caregivers, friends, and relatives are welcome. Guest speakers, general discussion. Parkinson's exercise program. Paulwilj99@gmail.com.
Every 2nd & 4th Monday, The Wimberley Chapter of Overeaters

Anonymous meets at 7pm, at the Wimberley Presbyterian Church, 956 FM 2325, Wimberley, TX 78676. (3rd door from the right). For more info, call or text Aida at 512-787-8313.

• Mon. October 14, Jacob's Well Chapter, *National Society Daughters of the American Revolution*, Emily Ann Theater in Wimberley at 9:40am, for chat time and 10am for our business meeting. JacobsWellNSDAR@gmail.com

- Mon. *Toddler Time*, Wimberley Village Library, 10:30-11:30am
 Every Mon. *Stroller Strides workout*, 9am, Wimberley First Baptist Church, contact Summer 512 644 4198, SMWimberleyDS@fit4mom.com
- Every Tues. *Gentle Hatha Yoga*, 6pm, Wimb. Community Center (\$10)
 Every Tuesday, 6:30pm, *Celebrate Recovery* with an option for dinner served at 6pm. Calvary Baptist Church, San Marcos. Contact Celebrate Recovery Leadership Team, 512-426-3758.

• Every Tues. Bilingual Spanish Storytime, 10:30-11:30am, Library

• Every Tues. 6:30-8pm. *Community Bible Study*, an interdenominational Bible study. Men, women, Co-Ed, Spanish, Youth & Children. Register at SanMarcosEve.CBSClass.org

• Every 3rd Tues. *The Lions Club* meets from 6pm-8pm at the Wimberley Community Center. Call 512-847-0207 for info.

Every Tues. at noon, *Rotary Club* meets at Wimberley Library. Ermias K. Gebremeskel is president, 512 210 6966, Ketema_Ermias@yahoo.com
Every 1st Tue. The Wimberley Community Center hosts *free medical checks* 9:3010:30am. Call 512-847-2510.

Every Wed. Stroller Barre workout, 9am, Wimberley First Baptist Church, contact Summer, 512 644 4198 or email SMWimberleyDS@fit4mom.com
Every 1st Wed. 5:30-7pm, Wimberley Valley Arts & Cultural Alliance (WVACA) mixer at Middleton Brewing. All are welcome. WimberleyArts.org.

• Every Wed. *Spanish for Homeschool Teens*, 12:30-1:30pm, Wimberley Library, multipurpose room, 7th grade and up

• Every Wed. *Gentle Hatha Yoga*, 3pm, Burdine Theatre, EmilyAnn Theatre (\$10)

• Every Wed. Wimberley *Chamber of Commerce* breakfast, Wimberley Cafe for networking opportunities, 8-9am. Bring business cards.

• Every 3rd Wed. Sept. thru May, Hill Country Unit of the *Herb Society of America*, Wimberley Library. Visitors welcome! Refreshments 9:00am, program at 10am. Contact Valentine_Lisa@msn.com.

• Every first Thursday, Art Crawl, 5-8pm, 5 Wimberley galleries open late, guest artists, refreshments. WimberleyArts.org/programs/Art Crawl



Have something to add to the Calendar? Reach out to us at info@WVNEWSVIEWS.com or 512 375 5590.

• Every 1st Thur. *Alzheimer's Caregiver's Support Group*, 12:30pm at the Presbyterian Church Library FM 2325. Contact Linda at 512-924-3661.

• Every Thurs. *Gentle Hatha Yoga*, 12pm, Community Center (\$10)

• Every 2nd Thursday, *Hill Country Bead Society* meets at 1pm at the Wimberley Community Center. All levels and types of beading and metal work. Marilyn Pierce at 512-722-3549.

Every 2nd and 4th Thur. 7pm Wimberley *Toastmasters Club*, First Baptist Church Wimberley, 15951 Winters Mill Parkway. Toastmasters teaches public speaking and leadership. Contact Amy, amy@texiasllc.com.
Every 3rd Thur. *Concerts* at Susanna's Kitchen Coffeehouse, 7:30pm; \$25 adults, \$5 kids. Pie, pizza, tamales, coffee, soft drinks . RR 12 & CR 1492 (United Methodist Church.) WimberleyUMC.org Barnabas Connection & Mother's Day Out scholarships. Thurs. October 17: Jeff Black

- Every Thurs. Gentle Yoga 10-11am, Wimberley Village Library
- Every Thursday, *Master Gardeners* at the Library, 2-5pm

• Every Fri. *Wimberley VFW Post 6441* bingo nights. Doors 6:30pm with food concession. Earlybird 7:00pm. Regular 8pm. VFW6441.com/bingo

- Fri. Storytime, 10:30-11:30am, Wimberley Village Library
- Every Fri. *Stroller Strides workout*, 9am, Emily Ann Theatre, contact Summer, 512 644 4198 or smwimberleyds@fit4mom.com
- Every Fri. Stroller Strides Playdate with Kids Craft Fridays, 10am, Emily Ann Theatre, contact Summer, 512 644 4198 or SMWimberleyDS@fit4mom.com
- Every Fri. *Storytime*, 10:30-11:30am, Wimb. Village Library
- 1st Sat. Wimberley Market Day, 7am-3pm, rain or shine

• Every 2nd Sat. Wimberley's *Second Saturday Gallery Trail*. Visit ten galleries for art, food, fun, 4-7pm. Email BentTreeGallery@gmail.com. Have a glass of wine & enjoy art after hours.

- Every 3rd Sat. Art Bazaar, Wimberley Valley Winery noon-6pm
- 1st Sun. of every month, *Coffee & Cars*, 8am-11am, at Blanco Brew

• Saturday October 19, 10:30am-5pm & Sunday, October 20, 11am-4pm Blue Agave Art Fair. Food trucks, juried indoor art show, Wimberley Community Center, 14068 RR 12. Artists, sculptors, fiber artists, ceramicists, woodworkers, jewelry WimberleyValleyArtLeague.org

Doing Our Part

His-story is Really Our-story

Although we always had the food, clothing, and shelter we needed, the community where I was reared was well acquainted with poverty. As has been true along the border for ages, work, food, and a place to stay were sometimes hard to find. My dad was a minister and, as such, we had people in need come to our parsonage home almost daily with requests for help. My parents had a simple rule: We fed anyone who came asking for food. Other requests may have required deliberation, but hunger was a simple need to which we could always respond.

Donating to organizations that work to fulfill human need is a straightforward way to help, but it is sometimes hard to feel connected to the needs of the impoverished when they are not standing at your front door in threadbare clothing with hungry children in tow. It is a problem around the world--those with the greatest resources for giving simply don't live where they encounter the greatest need.

The sharing of resources is not a uniquely human practice. Living things across the globe necessarily share the physical resources that bring life to the planet--sunlight, food, water, air, and more. Even in the thick cedar breaks of the Texas Hill Country, the interwoven root systems provide stability on steep limestone hillsides. Decomposing oak leaves provide nutrients for the seeds of hopeful lantana, Turk's caps, cedar sage, and horseherb.

We see foxes carrying their kits to and from the safe and comfy dens the Balcones uplift has made for them. Buzzards are the workhorses of the life/death cycle, and squirrels spend all day planting oak trees by the thousands. Life does, indeed, find a way, and the way involves shared resources.



by Tim Thompson

Most of us are happy to share the bounty

with which we are blessed and do so with gratitude. In these times of worldwide need, I hear the world's invitation to help people we may never know even though they might never be able to say thank you.

Horticulturist Tim Thompson managed the garden center at King Feed and Hardware for over 25 years. They offer everything you need to have the garden of your dreams without stressing your budget. Pick up Tim's Tips, free one page sheets on how to carry out dozens of gardening projects available only at King Feed Nursery. Call King Feed at 512 847 2618.



Free consultation for all your nursery questions Complete selection of trees, shrubs, perennials, annuals, vegetables, herbs, bulbs, seeds, potting soil, soil amendments, mulch, pots, tools, everything for your garden and pond!



by Kern Deschner

I think in another life I might've wanted to be a history teacher. If my 18-year-old self could hear me saying that now, he would be nauseated. I had a terrible American history

class in high school. It wasn't until I was in college that I began to really enjoy history, taught by a very good storyteller. I realized that history wasn't just about memorizing dates, but telling stories that explain why things are the way they are now.

I like stories. Recently we had a vacation to Spain and were privileged to stay in a hotel located on the site of Granada's Alhambra, the thousand-year-old Moorish fortress. That place has a lot of stories! Being in a city that the Moors built and dominated for over 700 years, and staying in their magnificent palace, leaves you swimming in history. It would be amazing to be a modern Spaniard -- to go to work, school, church, surrounded by arching cathedrals and ancient Islamic fortresses.

The pivotal moment for Christian Spain, after 700+ years of Muslim rule, was the capture of the Alhambra by Queen Isabella in 1492, which ended Moorish rule. Queen Isabella has been called the most consequential woman in Spanish history, and she continues to affect Spain hundreds of years later. She was a lawand-order queen repairing a country in disarray. For better or worse, she Christianized the whole country and allied Iberian kingdoms to create the modern version of Spain. She was famously incorruptible and took a long-shot gamble, against all advice, of financing the venture of an Italian explorer, Columbus, who had already been turned down by several other countries. He had the crazy idea to sail west to "India". While her decision did lead to the death of millions of native Americans (who paid Europe back with syphilis), she made Spain the most powerful nation in the world for the next 200 years. That decision led to names like San Antonio and San Marcos. In tribute, the game of chess, popular in her day, was changed; the "queen" became an all-powerful piece, able to move all over the board, like her.

The history of alpacas goes back thousands of years in Peru, before the Spaniards arrived, but the history of alpacas in the US is only about 40 years old. We were at an airport bar when a curious man started asking Rhonda a lot of questions about alpacas. She told him about the first alpaca imports, why the registry was closed to further imports, and why they're thinking about opening it again. They're old stories, but understanding what has gone before has a huge impact on decisions made now. History is really just storytelling of the past, but the important part is the provision of understanding for the future.

Rhonda and Kern Deschner are experienced alpaca ranchers raising alpacas through all kinds of Texas weather since 1997. Tierra Prometida Alpaca Ranch can be visited by calling Rhonda at 512 753 9962, or at tierra@alpacausa.com.

Anyone Can Do It

I recently visited our Grandmaster Kim Soo in Houston. He is 84-years-old and is still practicing karate daily. He said his karate and his students are his medicine, meditation, and purpose. He re-emphasized that many people think they cannot do things like karate. I'd add yoga and Tai Chi in there, too. But really people think they can't do a lot of things, like start a project or learn any new skill.

In the case of karate, Grandmaster Kim Soo had us naturally swinging our arms, which we then directed into a block or strike. Natural walking movements naturally turned into kicks. What he was doing was taking something familiar and adding to it.

No matter what you are doing, you have to break it down into chunks that are already familiar and do-able. And we know we have to break things down more when we get the gift of failing. And success simply means it is time to add. This works for anything you'd ever want to do.

For example, take hiking and camping. You don't just run out into the wild, right? Or better, you might not even start, thinking of the blistery hiking boots, the uncomfortable sleeping conditions, and all the unknowns about cooking and living outdoors.

Or... you could start with walking a small trail in your comfortable and familiar tennis shoes. Then you explore some more and discover what it takes to have the perfect hiking boots.

Or maybe you want to wear no shoes at all! Then you decide to buy a tent and sleeping bag, decide it is easier to grab dinner from a restaurant than to cook, and go spend the night somewhere. Then you decide that sleeping on the rocks was no fun, so you improve things by picking



by Sarah Geenberg

a spot with no rocks or by buying a cot. Then you think you can add some ways to cook food. Campfires! And nature is so relaxing! You can do anything if you break it down into manageable pieces. The gifts are in the chunks.

Sarah is the owner of Wimberley Karate and Yoga Studio, near Blue Hole, and OnlineSeniorsYoga.com. The yoga, Tai Chi, and karate classes are building again. Classes are offered indoors, outdoors, and online. Feel free to come check us out.

Wimberley Karate and Yoga Studio



Sarah Geenberg (512) 971-8528

501 Old Kyle Road Wimberley, TX 78676 WimberleyKarateYoga.com





by Robert Donnelly, DDS Developing good oral hygiene habits at home

In addition to visiting the dentist for regular checkups and cleanings at least twice a year, maintain good oral health care at home. Brushing and flossing your teeth properly and using mouth rinse, minimize risk of tooth decay and gum disease.

In order to effectively remove cavity-causing bacteria, you should brush your teeth for two minutes twice a day. Hold your tooth brush at a 45-degree angle to your teeth and brush in a circular or elliptical motion, pressing just firmly enough to reach between your teeth. Brushing too hard or using a sawing motion could cause your gums to recede and damage your teeth. Start brushing at the gumline and work your way down onto the teeth, brushing a couple of teeth at a time until you cover your entire mouth. Brush the outside and inside of your teeth, the chewing surfaces and between teeth, as well as your tongue. Always make sure to use a soft-bristled brush because hard bristles can damage your teeth and gums. Change your toothbrush every three to four months or after an illness.

When it comes to choosing a toothpaste, it's important to think about your unique oral health needs. Some toothpastes aim to alleviate pain associated with sensitive teeth or to control plaque and tartar, even remove stains and whiten teeth. Not sure of the best kind of toothpaste for you? I can always help you. Flossing is just as important as brushing your teeth. Flossing removes plaque and debris between your teeth, polishes the surfaces of the teeth, helps control bad breath and reduces your risk of gum disease. Floss for two or three minutes at least once a day, using an up-and-down motion and making sure to floss below the gumline. Mouthwash you can use to help freshen breath and prevent tooth decay. Research shows that using a germ-killing mouthwash in addition to brushing your teeth can reduce plaque and gingivitis more that brushing alone.

If you or someone you know are interested in learning more about maintaining oral hygiene, Dr. Donnelly is here to help you. You can contact San Marcos Gentle Dental by calling 512 396 5225 where we will be happy to get you scheduled. Come see why Dr. Donnelly was voted a Texas Super Dentist by Texas Monthly Magazine and Best Dentist in Hays County!



J. ROBERT DONNELLY, D.D.S. Master of the Academy of General Dentistry 1337 THORPE LANE SAN MARCOS, TEXAS 78666 512 396 5225 FAX: 512 396 7022 SANMARCOSDENTAL.COM



Water: Choose Nature not Gimmicks

Has the term *alkaline water* ever been confusing to you? I have to admit when I first began drinking Blue Jug water over seven years ago I was definitely confused with all the terminology. All I knew was it seemed best to drink some type of filtered water instead of tap water, especially here in the Hill Country. What I noticed first was the taste, which was better than anything I had tried before. I would have continued to drink alkaline water just on that discovery alone. However, I began to notice that my joints felt better and that the skin issues I had been experiencing, likely from some type of inflammation, disappeared and never returned. I was a true believer from that day forward.

Water in its most natural state that is found deep underground in aquifers is rich in magnesium, potassium, calcium, sodium, and other trace minerals which causes it to be naturally alkaline. As the water travels through the rock and sediment it picks up these minerals, which raises the pH of the water to 8.5 or higher. Hence, it can be considered *alkaline water*, or another term we like to use is *water with alkalinity*. This is the way nature intended for us to source our drinking water. Depending on the location of the water source there could be different levels of minerals affecting the taste, which may not be as pleasing for some .

Now, there is another process that can produce alkaline water, but it is not found in nature. This process is called *electrolysis*. Electrolysis uses electrically charged plates that are separated by an ion-permeable membrane to separate water into alkaline and acid halves. It does this by breaking down the mineral salts found in tap water. The most common mineral salts in tap water are calcium carbonate and magnesium carbonate.



carbonate and magnesium carbonate. The electric process provides an artificial pH, which goes away once it hits the stomach and does not provide a variety of trace

minerals that your body really needs. While it is true that the pH of any water with alkalinity is gone once it hits your stomach, the actual benefits come from the variety of minerals that are found in the water. Water with a variety of trace minerals that can be absorbed in the small and large intestine then used by the body to improve your overall health is critically important. Consume a water source, alkaline water, that has been remineralized with the same mineral content found in nature. Everything we need already exists in nature.

Rance & Betsy Mosley are the owners of Blue Jug of Wimberley and My Wimberley Office Space. Rance retired from teaching after 28 years & now manages and operates Blue Jug while Betsy teaches at Blue Hole Primary. Stop by & try the best tasting water in the Hill Country. Located at 14201 Ranch Road 12, Suite 1. Contact us at 512 387 1001 or email Rance@bluejug.com.



by Jesseca Zollars Smith

I've been feeling so exhausted lately, so I decided to try something new. I made an appointment with Lori Satter, an Ayurvedic Wellness Coach and Esthetician, at her sister location in a nearby town. When I

scheduled the appointment, Lori warned me that I would feel very relaxed afterward and advised me not to return to work or engage in any strenuous activities. She explained the treatment process, but once it began, I felt like I was in another world.

This therapy is known to be highly effective for conditions related to high vata and pitta, particularly those affecting the mind and nervous system, such as a busy mind, difficulty focusing, anxiety, stress, and fatigue. Given the challenges I've faced in recent years, including starting a new business, franchising the concept, and losing both of my parents to cancer, I was physically and emotionally depleted. I could relate to the vata/pitta profile.

The treatment took place on a comfortable, heated table in a softly lit room. As the treatment progressed, I felt a sensation on my forehead that brought vivid memories to my mind. I was suddenly transported back to my home state of Washington, standing on the shore of the Pacific Ocean with cool waves washing over me. I was filled with peace.

Take the time for yourself. I am living proof that this treatment can reset your nervous system. It's an amazing gift.

Shirodhara

Shirodhara is an Ayurvedic therapy that involves steadily dripping medicated oil or decoctions onto the forehead. It's said to have many benefits, including:

- Help lower stress, anxiety, and depression
- Shirodhara can help regulate pituitary gland activity and induce sleep.
- · Help alleviate stress-induced headaches and migraines
- Improve mental clarity
- Hormonal balance
- Improved skin and hair health
- Shirodhara is said to have relaxing, soothing, and calming effects on the body and mind.
- Shirodhara can lead to a state of alert calmness similar to the relaxation response observed in meditation.

Schedule your treatment now at MISSION Day Spa.

Jesseca is the owner of MISSION Day Spa. She is a Licensed Master Aesthetician, Licensed Continuing Education Provider for TDLR, and Licensed Aesthetics Educator, sensitive skin specialist, oncology esthetics trained. Wimberley resident, Jesseca apprentices Wimberley ISD students at her spa. With 30 years in the spa industry and a background in cosmetics chemistry, Jesseca holds CE classes Monday evenings and online. Call 512 522 6467!



by AJ Harwood

The Five D's of Change

Over the past year, I've shared some of the top reasons people decide to move. Many of those reasons are due to the major changes that occur throughout our lives. Even if a change is something you've initiated, such

as moving to a new home, it can still bring up a mixture of emotions. This month I'm offering some tips on how to adapt to change – and a gentle reminder to ask for help if you ever need it. Lean into your support network – and that includes me! Change happens throughout our lives, whether through our own choices or other factors such as unforeseen expenses, job changes, family circumstances, or health needs.

- Start with acceptance.
- Take your time adjusting to the new circumstances.
- Focus on the endgame.
- Learn positive mindset techniques.

• Lean into your family, friends, and community for support. Change, even when it's welcome, can be challenging. Be sure to give yourself grace and time to adapt. I'm grateful for the opportunity to serve your real estate needs. If you or someone you know is considering a move, feel free to contact me with any questions. I'm here to offer clear, concise information you can trust. Interested in learning more about the top reasons people move? Let me know and I'll forward you some of the information I've shared this year. As we prepare for the busy holiday season, I also wanted to take this opportunity to thank you for your support. I'm always here for any of your real estate-related questions or needs. Real estate is local. I'm here to walk you through with the best information so you can make the best choices and know how it applies to you in the Hill Country area. If you're thinking of selling your home, call me today! Experience matters.

This information is designed to provide a brief overview of the subject matter covered and is offered for general educational and informational purposes only. Sources: NAR 2015 Profile of Home Buyers and Sellers. Used with permission by the Buffini & Company.

Allison "AJ" Harwood, JD, MBA, GRI, is the Broker/Owner of RE/MAX REAL PROPERTIES and the #2 Top Producing RE/MAX Agent for Austin and the Central Texas Area for 2023. When Experience matters...Call "AJ" Today! Your Hill Country Luxury Property Expert. Member: Institute for LUXURY HOME MARKETING. He is Wimberley's "Peak Producer" offering Professional Representation for both Buyers and Sellers in Real Estate Transactions. AJ may be contacted at 512.848-6612 or at AJ@REMAX.net Call AJ Today!

Tips for Success with Patio Trees in Containers

Containerized trees can add points of interest to patios, decks, small yards, and balconies. Thought should be given to species selection, the pot, potting soil, and how the tree will be maintained. If they are well maintained, they can provide enjoyment for decades.

The tree... Choose a small maturing tree or a shrub species. Dwarf citrus varieties can perform well while providing flowers, fruit, and attractive foliage. Cactus and many shrubs can also do well in containers.

The soil... It needs to drain well but also retain adequate soil moisture. For pots that will not be moved very often, a mixture of sand, soil, and organic matter works well. For lighter pots, commercial potting mix can be used. With lighter soil mixes, the plant may need to be protected from being blown over in high wind.

The environment... Pots may need to be shaded during the summer as high soil temperatures can kill roots. Soil can also be cooled with irrigation water. During hot windy weather, irrigation may need to be increased. A soil moisture sensor can guide irrigation decisions.

Plants that will stay in containers for decades need regular

pruning to maintain their size. Root pruning is also beneficial to maintain plant size.

Soil nutrient and pH levels should be monitored and deficiencies treated when detected. Slow release fertilizers such as Bartlett BOOST® or Bartlett BOOST® Granular can provide nutrients while not promoting excessive top growth.

Joe grew up in Charlotte, Michigan, as a second-generation arborist. In 2004, drawn to the warm weather, Joe found himself in San Marcos where he attend Texas State and became intrigued with the inner workings of the arboricultural industry. He joined Bartlett while he was there. Joe worked five years as an arborist climber and crew leader, recently making the transition to Arborist Representative. He and his family love spending time on the San Marcos river. For more information visit Bartlett.com or call 512 392 1089 to schedule an appointment.





by Joe Harris







BLUE AGAVE ART FAIR By Suzanna Eckchum

Santa Claus may be coming to town in December, but the Blue Agave Art Fair is just around the corner coming to the Wimberley Community Center in October. Nestled in the heart of the Hill Country, overlooking the endlessly beautiful scenic splendor of Wimberley, artists are getting ready to display their artistic pieces, capturing not only the public's attention, but the hearts of all who attend the event.

The 2nd annual Blue Agave Art Fair is an indoor juried show sponsored by the Wimberley Valley Art League. It will highlight selected local, regional, and national artists' blend of creativity through their chosen mediums. Each piece of art displayed will be original art whether it's photography, painting, sculpture, fiber, ceramic, wood, jewelry, and more and the best part - it's available for sale. Over 30 artists' exhibits will be highlighted during the two-day event, offering the public up close and informative interaction and a chance to take home a piece of the artists' legacy.

This year's Chairperson and artist Vicki Evans is enthusiastic about the 2nd annual event, "What's exciting is showcasing so many exceptional artists in one place, making this year's event a truly unforgettable experience for all who attend."

Art is a celebration, an inspiration to all. It opens our own creativity and connects us to a deeper bond of unity. All of us, on an individual level. have a genuine love for art, whether creating, investing, or admiring it from a distance. Every day we're surrounded by art. Nature and the turning of the seasons, the breathtaking sunsets painted on our mind's canvases are just a few. We need all forms of art in our life, without it. life wouldn't exist as we know it

Come fulfill your appreciation for art and attend the Blue Agave Art Fair. The fair will be a two-day weekend event. Saturday, October 19, 10:30am - 5:00pm and Sunday, October 20, 11:00am - 4:00pm at the Wimberley Community Center, 14068 Ranch Road 12

This is a free event with free parking available. Food trucks will be on site.

TO LEARN MORE, SCAN HERE OR VISIT ONLINE AT WIMBERLEYVALLEYARTLEAGUE.ORG FOR THE LATEST NEWS FOLLOW WIMBERLEY VALLEY ART LEAGUE ON INSTAGRAM & FACEBOOK.





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Benefits of Working With a Local Real Estate Agent

You see us at the grocery store. You meet us at the Post Office. We are volunteers at the schools, the library, and the Chamber of Commerce. We give our time, talent, and money to support our local community. The money we make is recirculated back into Wimberley in many ways. When you need donors for your cause, we step up and give back to our community. We are the realtors of Wimberley.

When you are in the market to buy, sell, or lease a home or property we would appreciate the opportunity to be a part of your journey.

What are a few benefits of working with a Wimberley realtor?

1. We live in a boutique market. We are not like Kyle, San Marcos, or Dripping Springs where the markets are driven by production builders. This means conditions related to buying and selling your home demand a local expert who can help you appropriately market your home or help you in your quest to find a property at a fair value.

2. A local agent can help you spot potential problems. Local realtors have knowledge of local issues like well, septic systems, flood zones, and school districts. They also have a network of local inspectors and contractors that can help evaluate a home before you buy.

3. Working with a local Agent will save you time and money as a local realtor is equipped to negotiate on your behalf, use their experience to help you prepare to put your best foot forward



by Jim & Debbie Donaldson

as you sell your home and guide you through contract related documents when buying and selling a home. Realtors also trouble shoot and keep the process of closing on schedule. With a network of relationships with local attorneys and title companies, you are in good hands when you trust a Wimberley realtor to help you in your journey.

There a number of very good realtors in Wimberley that are ready to serve you. When the time comes to buy or sell a property please consider a realtor who lives here and supports our local community.

Jim and Debbie Donaldson are Sales Agents with Keller Williams, Partners in Real Estate Group, in Wimberley. They moved to Wimberley in 1993 and enjoy helping sellers and buyers have an awesome real estate experience. You can reach Jim at 830-857-3371 or Jim.Donaldson78@gmail.com or Debbie 512-665-9588 or Debbie.Donaldson79@gmail.com.



by Randy Lawrence

Buyer Beware

It seems like everywhere we turn today there is land being cleared for construction of a new neighborhood. If you've ever moved into a new development, you know that there is constantly someone ringing your doorbell and attempting to sell you

something for your new home. Unfortunately, the water treatment industry is full of companies who choose to employ this door-to-door tactic. Here are some things you should know before you open the door.

There is a very good chance that the "water specialist" who comes to your house is not actually a licensed Water Treatment Specialist. Some companies choose to ignore the fact that the Texas Commission for Environmental Quality regulates our industry and requires some level of licensing in order to test water for the purpose of making treatment recommendations. The salesman who comes to your home is simply there to convince you to say yes and open your wallet. If you're not aware of your options, it can be tempting to let that happen.

Many neighborhoods have taken to posting No Soliciting signs at the entrances. In some of these cases, certain companies have struck a mutually beneficial deal with the homebuilder to allow them to place advertising on the softener loop and at the kitchen sink. This often contains misleading wording which indicates that the home is set up for their specific equipment and that damage will occur if you don't choose their system. This is absolutely not the case. This often leads to homeowners paying far more for the system than necessary since they are unaware that there were other choices.

The water softener loop in a new home is capable of accepting any brand of water softener. Don't be fooled by high pressure sales tactics or misleading literature. A licensed professional can perform a couple of simple tests to determine exactly what size system would best fit your needs. A quick search of TCEQ's occupational licensing database, as well as a review of the company's Better Business Bureau standing will let you know whether you're dealing with a legitimate, reputable dealer.

Randy Lawrence is the owner of ProQuality Water Systems, a full service water treatment company. He is one of only six Class III Certified Water Treatment Specialists in Hays County (LIC# WT0002693). With over 25 years of experience he has serviced Wimberley and surrounding areas for over a decade.



Financial & Physical Fitness

For a well-balanced and fulfilling life, both financial fitness and physical fitness emerge as pivotal components. While they may appear distinct, a closer examination reveals intriguing parallels that can guide us toward achieving holistic well-being.

Setting goals.. Just as physical fitness demands clear, actionable goals—such as losing a specific number of pounds or running a marathon—financial fitness requires concrete objectives. These can range from saving a set amount of money each month to paying off debts or investing for retirement. Set realistic and measurable targets to track progress and maintain motivation.

Consistency and discipline.. In the world of physical fitness, consistency is key. Financial fitness hinges on disciplined habits such as budgeting, responsible spending, and consistent savings. The adage *slow and steady wins the race* applies to both physical and financial endeavors. Consistency yields long-term benefits.

Monitoring progress.. Fitness enthusiasts track progress through various metrics—weight, body fat, or performance. Financial health benefits from monitoring with tools like budget apps, investment trackers, and net worth calculations to assess and adjust financial health and celebrate milestones along the way.

Overcoming challenges. Both physical and financial journeys are fraught with challenges. Injuries, plateaus and setbacks can disrupt fitness, while unexpected expenses, market fluctuations and poor financial decisions can derail financial plans. Resilience and adaptability are crucial in overcoming obstacles. Seeking professional advice whether from a personal trainer or a financial planner for financial health—can provide valuable guidance and support. Mental connection.. Interestingly, both



by Scott G. Hackett, CFP®

physical and financial fitness contribute significantly to mental well-being. Regular exercise helps reduce stress and improve mood, just as financial stability reduces anxiety and provides a sense of security. The relationship between physical and financial health underscores the holistic nature of well-being. Success in one area positively impacts the other.

Scott G. Hackett, CFP® is the president of the Hackett Financial Group LLC (HFG), a fee-only registered investment advisor.





by Carrie Campbell, J.D.

Clarifying Misconceptions about Probate

I was recently reading an article by Daniel de Vise in USA Today that reported some interesting statistics (especially for someone in my profession) about the lack of public knowledge about probate. Specifically, the USA Today

article indicated that most Americans believe that inheritance is automatic, and the vast majority have no idea the cost and time it takes to probate. I am not surprised. Although death impacts all families, it is a topic that is uncomfortable and ignored.

To clarify these big issues, inheritance is *not* automatic. Probate *can* be costly and take months to years to complete. However, it does not have to be. With careful planning and professional assistance, probate can be streamlined and property passed without probate between spouses.

Only the federal estate tax applies in this state; Texas does not have its own estate tax as in many other states. Moreover, Texas has the shortest, least expensive, and most independent probate procedures of all the states. The point being it could be much worse; and the most startling statistics about the cost and length of probate do *not* apply in Texas. Financial and legal professionals in other states typically recommend the use of a Trust to avoid probate. But in Texas, probate is often preferred because a Trust is usually more expensive and creates unexpected consequences with regards to property taxes and capital gains. It is my strong recommendation that you get the facts and seek advice on how the different options would directly affect you and your family based upon your unique family dynamics, assets, resources, and location. Ask a legal profession what would happen if you passed with or without a will, a Trust, named beneficiaries, and/or transfer of death provisions. You will be surprised and likely motivated to properly plan.

Carrie Campbell has lived and practiced law in Wimberley since 1997. She is the managing partner of Mounger & Campbell law firm. Carrie is an active member of the Rotary Club of Wimberley and president of the Wimberley Village Library Foundation. She proudly has three wonderful daughters and two lively grandsons.



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Litigation: That's Good! No, That's Bad!

Some of you may recall the comedy sketch performed by Archie Campbell who played the barber on the country music TV variety show, *Hee Haw*. In the sketch, which is easily found on YouTube, he describes a zany series of events. As he describes each event, his partner, who was sometimes Roy Clark, says "that's good," or "that's bad," to which Campbell always replies with the opposite phrase and an explanation of why it is not good or not bad. That sketch reminds me of a frequent hazard of the practice of trial law – the head spinning back and forth of good and bad information the lawyer is bombarded with in preparing a case.

This phenomenon hit me recently as I reviewed the transcripts of several depositions taken in one of my personal injury cases. While a deposition is being taken, the attorney's mind must both focus on and react to the questions asked by the attorneys and the answers given by the witness. In a case with many depositions, some of the many positive and negative pieces of information developed during the deposition can tend to be overlooked or be forgotten until the written transcript of the testimony is being reviewed later in preparation for other depositions, a mediation, a hearing, a trial or for some other purpose. My thoughts during my recent experience in reading several related depositions went something like this: "Ouch; that sure isn't good." Six pages later: "Oh, well that clears up the problem." A few pages later: "Wow; that's a silver bullet we can use!" Then "Dang,



by Roland Brown

Mr. Witness, you just undid the good you'd done a few minutes ago!" It went on and on like this. After a few hundred pages of such deposition testimony, the lawyer often needs either a drink or a shrink.

The stress goes with the territory. The antidote for the lawyer, and hopefully, the benefit for the client, is the crafting of a plan that eliminates or neutralizes the negative information and elevates the positive information to convey the most effective portrayal of the client's case. The artistry with which the lawyer devises and implements this plan not only provides opportunity for a favorable outcome, but is one of the most gratifying aspects of the multifaceted and head spinning work of the trial lawyer.

Attorney Roland Brown handles exclusively personal injury claims. Roland, who offices in Wimberley, has been voted HAYS COUNTY'S BEST PERSONAL INJURY ATTORNEY for 2020, 2021, and 2023 in annual polls of Hays County attorneys. For more information call 512 847 2500.







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200 Valley Ridge Rd MLS 8868357 Outstanding views! 4/4 fixer upper on 10.610 acres. \$775,000 Jim Donaldson



810 Sandy Point Rd MLS 5334220 Peace & Quiet on 16 acres with 3/1 home, sold as is, in Burnett Ranches \$750,000 Alice Lebkuecher



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Alice Lebkuecher 713-253-1311



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